






Menu - Allergen Information

Meal Item Description	Normal day on menu	Vegan Suitable	Cereal inc Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide	Lupin	Molluscs	
Mains																	
Cheese & Tomato Pizza	Monday	Red	Red						Red								
Vegetable Burger in a Bun	Monday	Green	Red														
All Day Breakfast	Tuesday	Red	Red											Red			
Veggie All Day Breakfast	Tuesday	Green	Red														
Roast Gammon	Wednesday	Red															
Quorn Fillet	Wednesday	Green	Red														
Yorkshire Pudding	Wednesday	Red	Red		Red				Red								
Pasta Bolognese	Thursday	Red	Red											Red			
Vegetable Korma	Thursday	Red							Red								
Fish Fingers	Friday	Red	Red			Red											
Vegetable Fingers	Friday	Green	Red														
		Green															
		Green															
Baguettes																	
Egg Mayo		Red	Red		Red			Yellow									
Ham		Red	Red					Yellow									
Cheese		Red	Red						Red								
Tuna Mayo		Red	Red		Red	Red		Yellow									
Chicken Mayo		Red	Red		Red			Yellow									
		Green															
		Green															

Menu - Allergen Information

Jacket Potatoes																	
Jacket Potato & Baked Beans																	
Jacket Potato & Tuna Mayo																	
Jacket Potato & Cheese																	
Jacket Potato Cheese & Beans																	
Jacket Potato Chicken Mayo																	
Desserts																	
Fruit Mousse	Monday																
Chocolate Brownie	Tuesday																
Apple Crumble	Wednesday																
Oat & Sultana Cookies	Thursday																
Ice Cream	Friday																
Custard																	

Key		Suitable		Does Not contain allergen		May Contain this allergen.
		Not suitable		Contains allergen		

At GFM LTD we make every effort to ensure that clear and accurate allergen information is available to you, as required under the Food Information for Consumers regulations, concerning the 14 major allergens (Cereal, Crustaceans, Eggs, Fish, Peanuts, Soya, Milk, Nuts, Celery, Mustard, Sesame Seeds, Sulphur Dioxide, Lupin & Molluscs). Should you require information with regards to the specific ingredients of a dish, or allergens other than those listed, please discuss with a member of staff so that you can make an informed choice.